Steps To CLEANER HANDS

1. Turn on the faucet and get your hands wet with warm water.

2. Put soap in your hands.

3. Take 20 seconds to rub and lather soap thoroughly on front and back of hands, between fingers and under nails. Tip: sing the "Happy Birthday" song twice to track the time!

4. Rinse soap off completely, then dry hands.

5. Your hands are now clean! Keep them clean by holding a paper towel to turn off the water and open the door to exit the restroom.

missionhealth.org/infectionprevention