

I'M A STROKE  
**SURVIVOR**  
WHAT'S YOUR  
SUPERPOWER?

# WORLD STROKE DAY:

*Celebrating Stroke Heroes from  
Recognition through Recovery*

**OCTOBER 29, 2018**

**REGISTER ONLINE TODAY: [MAHEC.NET/STROKE](http://MAHEC.NET/STROKE)**

## DESCRIPTION

**World Stroke Day is Monday, October 29, 2018!** Join with healthcare colleagues and stroke survivors/caregivers to learn the latest about new stroke guidelines, emerging acute treatment options, mental health issues with stroke, post rehab fitness options, and how to create a stroke-friendly community. Be recognized as part of the stroke team as we celebrate recovery with stroke survivors and their caregivers.

## AUDIENCE

Target audience includes Physicians, APPs, EMS Providers, Nurses, Case Managers, Home Health Professionals, Personal Trainers, Exercise Physiologists, OT/OTA, PT/PTA, SLPs, and Stroke Survivors/Caregivers.

## OBJECTIVES

**Upon completion of this live, continuing education activity, participants will be able to:**

- Reference new stroke guidelines and consider continuum of care
- Discuss emerging acute treatment options
- Screen and refer for common mental health conditions in stroke
- Learn from stroke survivors/caregivers' stories of facing challenges and living with hope in recovery

This continuing education activity is jointly provided by:



MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

<b>LOCATION</b>	<b>MAHEC</b> Mary C. Nesbitt Biltmore Campus 121 Hendersonville Rd, Asheville, NC 28803
<b>DATE</b>	<b>Monday, October 29, 2018</b>
<b>REGISTRATION PROGRAM</b>	12:30 pm–1:00 pm ( <i>hors d'oeuvres provided</i> ) 1:00 pm–5:00 pm ( <i>cake provided at close</i> )

### EARLY REGISTRATION FEES THROUGH OCTOBER 22, 2018

<b>\$40.00</b>	<b>Program Fee</b>
<b>\$20.00</b>	<b>Students</b> ( <i>must provide student ID at check-in</i> )
	<b>Survivors and Caregivers</b> may register at a reduced rate of \$10.00 per person or \$15.00 per couple.

## PROGRAM AGENDA

<b>12:30–1:00</b>	Registration and Check-In with Heart Healthy Hors D'oeuvres and Exhibitors
<b>1:00–1:45</b>	New Stroke Guidelines and the Care Continuum — Edward Jauch, MD
<b>1:45–2:15</b>	Expanded Treatment Window and Thrombectomy — Alex Schneider, MD
<b>2:15–2:30</b>	Break & Exhibitors
<b>2:30–3:15</b>	COMPASS Program and Post-acute Stroke Care — Cheryl Bushnell, MD
<b>3:15–3:45</b>	Mental Health Issues with CVA — Mark Hill, PhD
<b>3:45–4:30</b>	<b>Expert Panel:</b> Creating a Stroke-Friendly Community for Recovery — Alex Schneider, MD ( <i>moderator</i> ) — Edward Jauch, MD — Cheryl Bushnell, MD — Mark Hill, PhD — Melissa Hanrahan, RN, CNRN — Laura Dylus, MSPT — Stroke Survivor & Caregiver
<b>4:30–5:00</b>	Recognition and Celebration of Stroke Heroes: Survivors, Caregivers, Healthcare Providers, and others on the Stroke Team
<b>5:00</b>	Adjourn ( <i>cake will be provided</i> )

## FACULTY

**Cheryl Bushnell, MD**, is a Professor of Neurology at, and Director of, the Wake Forest Baptist Comprehensive Stroke Center in Winston-Salem, NC. Dr. Bushnell is also the Co-Principal Investigator for the NC COMPASS (Comprehensive Post Acute Stroke Services) study.

**Laura Dylus, MSPT**, is a Clinical Manager for Outpatient Rehabilitation Services at CarePartners in Asheville, NC.

**Melissa Hanrahan, RN, CNRN**, is a Stroke Navigator at Mission Health in Asheville, NC.

**Mark Hill, PhD**, is a Clinical Neuropsychologist at Blue Ridge Neuropsychological Associates, PA, in Asheville, NC.

**Edward Jauch, MD**, is the Chief of System Research at Mission Health in Asheville, NC. He was one of the authors of the new American Stroke Association Guidelines. Over the past 20+ years, Dr. Jauch has volunteered extensively with the American Heart Association. He is active in leading and conducting clinical trials in cerebrovascular emergencies.

**Alex Schneider, MD**, is a stroke neurologist with Mission Health in Asheville, NC, where he has been practicing since 2004 and is the director of the Comprehensive Stroke Program. He graduated from the University of Kentucky College of Medicine in 1997. Thereafter, he completed his neurology residency at the University of Washington and his stroke fellowship at the University of Cincinnati. Dr. Schneider is board certified in neurology and vascular neurology.

## MEDICAL COURSE DIRECTOR

**Alex Schneider, MD**, Mission Neurosciences, Asheville, NC.

## COMMITTEE MEMBERS

**Calvin Gardner, RPSGT, RST**

Mission Neurosciences, Asheville, NC

**Melissa Hanrahan, RN, CNRN**

Mission Neurosciences, Asheville, NC

**Mitzi Holmes, PT, MEd**, CarePartners, Asheville, NC

**Robin Reed Jones, MSN, RN, CNRN, SCRNP**

Mission Neurosciences, Asheville, NC

**Amy Henderson Landers**

Survivor/Caregiver Advocate, AlonTree, Asheville, NC

**Erika Prezas, BSN, RN, CEN, TCRN**

Mission Neurosciences, Asheville, NC

**Rosalyn Wasserman, PT, DPT**, MAHEC, Asheville, NC

## CREDITS

### Continuing Medical Education

**Accreditation:** This live, continuing education activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of the Mountain Area Health Education Center (MAHEC) and Mission Neurosciences. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

**Credit Designation:** MAHEC designates this live, continuing educational activity for a maximum of **3.75** AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation.

**Disclosure Statement:** MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

**PT/PTA:** MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE **3.5** contact hours.

**Occupational Therapists/Assistants:** As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **3.75** CCAs.

**Speech-Language Pathologists:** Mountain Area Health Education Center will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.

**CEUs:** MAHEC designates this continuing education activity as meeting the criteria for **0.4** CEUs as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

**Contact Hours:** MAHEC designates this continuing education activity as meeting the criteria for **3.75** contact hours. Full attendance is required to receive credit.

## DIRECTIONS

**MAHEC Mary C. Nesbitt Biltmore Campus**  
**121 Hendersonville Road**  
**Asheville, NC 28803**

**From I-40 E:** Take Exit 50; turn left on Hendersonville Rd.

**From I-40 W:** Take Exit 50B; merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

**From 19-23 (I-26):** Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

### HAVE A QUESTION?

#### Contact the Program Planner

Rosalyn Wasserman, PT, DPT

[rosalyn.wasserman@mahec.net](mailto:rosalyn.wasserman@mahec.net) or 828-257-4437

**REGISTRATION INFORMATION:** 828-257-4475

**FAX REGISTRATION:** 828-257-4768

**ONLINE REGISTRATION:** [www.mahec.net](http://www.mahec.net)

**EMAIL:** [registration@mahec.net](mailto:registration@mahec.net)

**MAIL:** MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803



### Special Services

828-257-4778

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By registering for this conference, you are granting permission for your contact information to be shared with Mission Neurosciences, which is a joint provider of this education event.

Updated contact information.

**NAME** \_\_\_\_\_

**CREDENTIALS** \_\_\_\_\_

**SOCIAL SECURITY #** XXX-XX- \_\_\_\_\_ (last 4 digits required)

**OCCUPATION** \_\_\_\_\_

**EMAIL ADDRESS** \_\_\_\_\_

**HOME ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**HOME COUNTY** \_\_\_\_\_

**HOME #** \_\_\_\_\_ **WORK #** \_\_\_\_\_

**EMPLOYER** \_\_\_\_\_

**DEPARTMENT** \_\_\_\_\_

**EMPLOYER'S ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**WORK COUNTY** \_\_\_\_\_

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

**MEAL PREFERENCE**  Vegetarian  Gluten-free  Vegan

**PROGRAM FEE**  \$40.00  \$55.00 (after 10/22/18)

**STUDENT FEE**  \$20.00  \$35.00 (after 10/22/18)  
(must provide student ID at check-in)

**SURVIVORS AND CAREGIVERS**  \$10.00 / person  \$15.00 / couple

**Please check one:**  I am a Survivor  I am a Caregiver

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed  Credit card information provided

Visa  MasterCard  Discover Card  American Express

**ACCOUNT #** \_\_\_\_\_

**EXP** \_\_\_\_ / \_\_\_\_ **CODE ON BACK OF CARD** \_\_\_\_\_ (3 digits)

**NAME ON CARD** \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_

**Send completed registration form to:** #19ID030/57107  
MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803 **Fax:** 828-257-4768

## REGISTRATION

**Early registration deadline: October 22, 2018**

The registration fee for this program is \$40.00 or \$20.00 for Students (must provide student ID at check-in). Survivors and Caregivers may register at a reduced rate of \$10.00 per person or \$15.00 per couple. These program fees include administrative costs, educational materials, hors d'oeuvres, and cake. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.



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